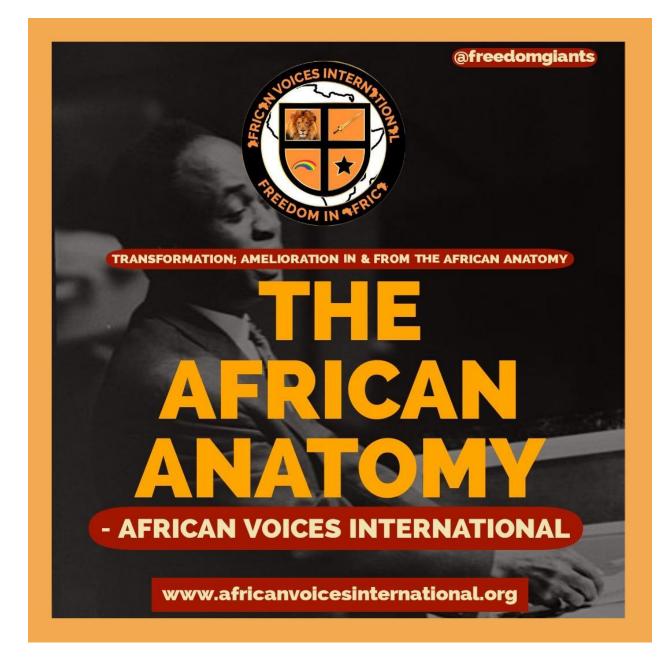


THE AFRICAN ANATOMY







AFRICAN VOICES INTERNATIONAL

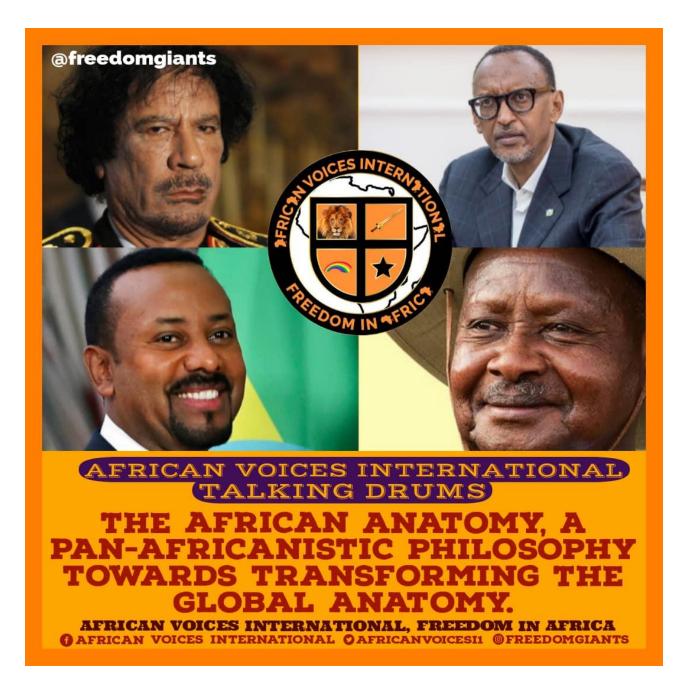


FREEDOM IN AFRICA



THE AFRICAN ANATOMY







PREAMBLE

The Global Anatomy School is designed for First Time Freedom Giants who just joined **AFRICAN VOICES INTERNATIONAL** or Freedom Giants who have just joined from August 2022. This School is to equip Freedom Giants to be in alignment with the vision and be phenomenal everywhere, as Freedom Giants in Global Development. This book is to instill in New Entrants of **AFRICAN VOICES INTERNATIONAL** to become Radical Freedom Giants, who will Stand Tall in every setting and change the Anomalies, refine the processes in Administrative Governances and create solid foundations for the Freedom of the Global Anatomy.

The Sections in this Book are below:

- TRIALS
- STANDING ALONE
- DEMOCRATIC RESTRUCTURING
- N&TION&L DEVELOPMENT

"You are all going to be the PeaceMakers of your State. If you can believe it, it will happen. It all depends on the tenacity of your being. Are you genuine, focused and willing to indeed cause a change? Are you willing to see the Liberation of the people or you want to see the people, walking in Gross Sufferings. If you are willing to see People walking in Freedom, then a Renaissance is here for you.

Shine, because you are a Trailblazing Survivor. Dr. Kwame Nkrumah said the best way of learning to be an independent state is to be an independent state. This can happen when we as Freedom Giants Stand Tall for the change we want to see. We shall make it happen again."

- PRESIDENT ISAAC KWABENA BOADU



THE ANATOMICAL PHILOSOPHY

The Amalgamation process must take fruition through The Anatomical Philosophy. This is valid and evidential through the various phases of human interrelation and Global Interdependency. As Leaders of our societies, we must be able to understand why we are on earth, the purpose for which we are here on earth, and play our parts well for the well meaningful part and contribution to the Global Anatomy, we belong to. We must understand that we do not just belong to the immediate units we find ourselves in , but to an extensive unit of which we must play our rightful roles in the **AMALGAMATION** Process. It is in this light that we must be Proactive enough to be Radical at any point in time, and fight for what belongs to us, and what our Institutions, Public and Private Sectors deserve rather than what they are seeing. If we want an Equitable Global Development according to the resources that we have, then we must make sure that, The **AMALGAMATION** Process is corrected modestly.

Our roles and responsibilities are to solidify our societies in the right direction. We all have different talents and skills ranging from different capacities in the skills and talents we have, which we are supposed to utilize them in the right direction, for the development of our societies, right from where we belong to the utmost sphere of the world. We are supposed to make sure that our roles are utilized efficiently to keep our institutions running properly and efficiently and excellently for the effective delivery of services, the society needs.

THE INTERDEPENDENCY AND THE INTERRELATION OF THE THE AFRICAN ANATOMY

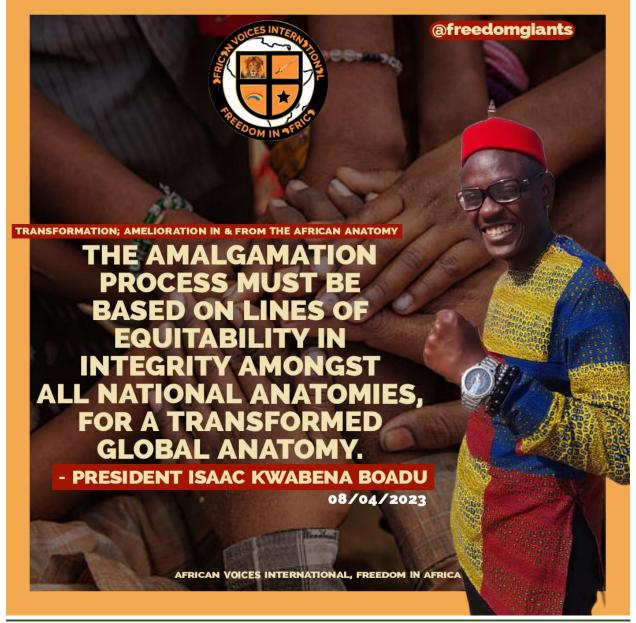
The Amalgamation of all constituents of the continent of Africa must happen. We must make sure that we do not in any way create chaos in the amalgamation of all constituents of the our dear continent, Africa. Every National Anatomy must be distinctively be enshrined in the Anatomisation process. Every country must not be disregarded in the Anatomisation process. We must be distinctively be proud of who we are. Our Differences must be collectively celebrated as Golden towards the United Africa we all want Under the African Anatomy, each National Anatomy plays their requisite roles that leads to the solidification of The African Anatomy, we want.

THE POLITICAL ANATOMY

The Political Anatomy is to ensure that our Governments work efficably and are solidified in the right way and manner, they should work as Democratically Pluralistic functioning Institutions. With this, the concept of Politics must not be subverted to the Government of the day under power, but all Civil Society Organisations, Political Parties in Opposition and all Arms of Government respectively. AFRICAN VOICES



INTERNATIONAL is here to ensure that our Governments function with the entire Political Anatomy for the change we want to see. We must at all times, make sure that our Presidents do not function as altruistic leaders under the pretense of ruling under Democratically supervised elections. We always must make sure that, The Judiciary, Legislature, Executive and the Opposition Parties all have their say and mantra in how our nations must be ruled. At every point in time, we must be able to assess if our Presidential leaders are ruling I the Political Anatomy, or under their own imagination.



THE GLOBAL ANATOMY

The Global Anatomy must function as one Central Anatomy void of discriminations. We must all be able to respect ourselves and in turn respect the traditions and cultures of other foreign



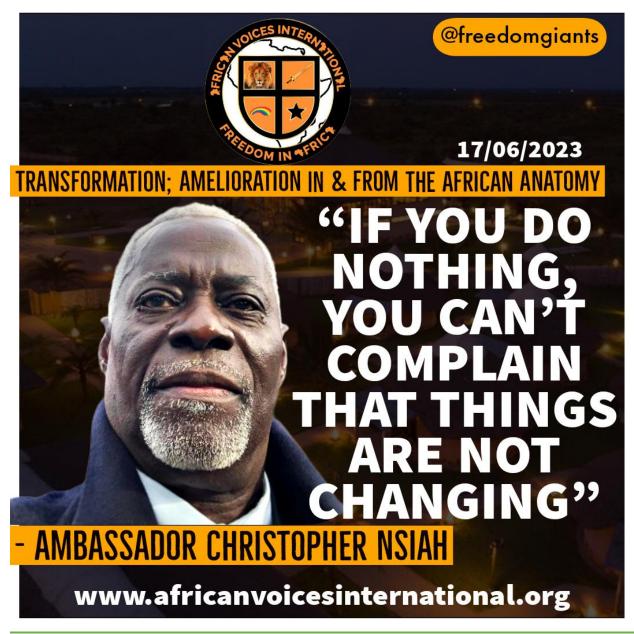
Anatomies. No Foreign Anatomy's tradition must be the "teller" of how we must be able to rule our countries. No! We must all stand tall and make sure that, we corroborate with the Analogies of **AFRICAN VOICES INTERNATIONAL** in identifying our Blocs We must never in any way allow other blocs to superimpose their traditions on us. No! As a Global Anatomy, each bloc must be respected. The African Anatomy must respect her bloc. We must cherish the resources, the people, the talents, the weather, the products, the rich culture of course and the ethics we have and never allow ourselves to be overridden by any faction. If we can all respect our blocs and begin to walk as so, we can live peacefully and live in tranquility forever. It is in this light that in all Global Commissions such as The United Nations, UNICEF, World Bank, IMF, WTO and FIFA, there must be equitable onuses, seats and representations as well as positions for all blocs. This is how we can indeed identify our world as a solidified Global Anatomy.

THE NATIONAL ANATOMY

The National Anatomy perfectly defines the Anatomisation process, we are talking about. In every country, there are numerous ethnic groups in every country. No ethnic group in any country is superior to the other. No ethnic group is better off than the other. No region of a country is better off than the other. Every country must function as a respective Anatomy that sees all her parts as quintessential for the amelioration of that country. No ethnic group must function for the amelioration of a particular region or a single ethnic group but for the amelioration of the entirety of the country. That must be the guiding principle.



BACK TO AFRICA



We have fought ourselves. We have fought against our own peace. We have fought against the visions of a One Africa, as toppled by Legend Muammar Gaddafi. We have created loopholes for colonial penetrations. We have been the reasons for our own failures.

Now are we living Monrovia to settle outside Africa? We found good and arable land here in the past, and settled here in Africa. Now why are we leaving? It is time to come back to Liberia. This is not what Joseph Jenkins Roberts fought for.





Here we are now; in a situation filled with hopelessness for Posterity. This js because we have sold our worth. We have subjected our land to foreigners. We must come back to Freetown. We must restore our pride again as a people of one vision. The future Thomas Peters wanted for a Beautiful Africa must be restored.

We must fight for the pride of the Gold Coast by we as a people, patronizing our own people. We must love ourselves for who we are. We must appreciate our people and give regards for the great strides, we have fought for. We must value our own people. What we are seeing currently is not what Ex-President Kuffuor of Ghana, Jubilates of.

We must give credence to Marcus Garvey's dream of an Emancipated Africa. Will he be proud to have ever supported the Black Community? Will he be at ease to have ever had an alliance with the Black Community? We have to stand up and act impatiently with the dream of Africa's, towards restoring her to her rightful place.

We have all it takes to make it happen. Rejuvenation is here and no where else. Let us settle as one people and fight for what belongs to us. Restoration is here if we can fight the battle and take what belongs to us. Let us patronise our own people and our products. There's a Renaissance here. Let us go back to where we came from. Freedom is in Africa and it is only when we fight from our heritage that we can experience a true Resurgence. Let us be Relentless, in securing our Freedom, for Africa belongs tonus.

The time is now. We must repair every end we have torn apart whether through wars or words. We must come back as one people. The Freedom we need is no where but amongst us. Let us make it rise. Africa is Freedom. Let us make it happen.

We must make Mandela rest peacefully for paying the price for Africa's Freedom. Let us stand tall for what belongs to us. The time is here and in the present can we achieve the dream for posterity, if we fight for a Beautiful Africa.

<u>CHAPTER 1</u> HUMAN RIGHTS





Human Rights are the necessary and pivotal privileges which serve as a ladder for every Human Being, to be able to live and live the to the fullest pedestal of life. As Humans we are given the opportunity to live the best of our lives, by God. The Decision now lies on us, as to what we should do, how we should live our lives and the kind of pragmatic steps to take. <u>AFRICAN VOICES INTERNATIONAL</u> respects and confirms the UN Declaration of Human Rights which was adopted in 1948 as the General Convention for all sundry, to mould and make their lives better, void of any bandages. The Basic rights which we have generalized are as follows for everyone to follow are as follows.

- **1. THE RIGHT TO LIFE**
- 2. THE RIGHT TO FREEDOM OF SPEECH
- 3. FREEDOM OF RELIGION
- 4. RIGHT TO EDUCATION
- 5. RIGHT TO DIGNITY
- 6. RIGHT TO A FAIR TRIAL
- 7. RIGHT FROM UNLAWFUL DETENTION
- **8. PROTECTION FROM CHILD LABOR**
- 1. THE RIGHT TO LIFE



Every individual deserves the right to live a beautiful life. Every individual has a purpose and has the right to live the life, they believe, befits them. No one must be denied the access to good and quality life. Everyone must be able to enjoy the good life that comes from God. We all must be responsible for ourselves and be able to take decisions that befits who we are. We must not in any way live somebody's life, or be enslaved by anyone. We must be able to live our own lives and cheer ourselves up, to the end of our time. This is what makes us Freedom Giants; living beyond the various issues meant to deprive us, of Good living.

2. THE RIGHT TO FREEDOM OF SPEECH

We must be able to express ourselves freely. We must be able to express our needs and the wants and desires of our hearts freely. As Freedom Giants, we must never allow ourselves to settle for less. We must never allow ourselves to be muted so as to prevent the truth in all cases to be said. As Freedom Giants, we must speak the truth. We must express our VOICES and voice our views for the liberation of the Global Anatomy.

3. FREEDOM OF RELIGION

The Freedom of Religion must not be inhibited by any individual. We all have the right to choose which religion or choice of worship we want to be attached to. AFRICAN VOICES INTERNATIONAL comes against individuals who force others to join their religion. AFRICAN VOICES INTERNATIONAL comes against people who want others to be inclined with their religious doctrines, before helping them, should they have the space to do so. AFRICAN VOICES INTERNATIONAL comes also against religious organizations who force others to work under their auspices as Pastors or Imams or otherwise, when those they are forcing, do not have the interest.

4. RIGHT TO EDUCATION

It is the right of every individual to have good and QUALITY education and no one must enslave anyone especially during his school going hours as well as during their youthful ages. Everyone must be able to go to school to be able to decipher the right from the wrong. <u>AFRICAN VOICES INTERNATIONAL</u> entreats all Freedom Giants to ensure that children and youths are not denied of their rights to become future leaders, but should assist in whichever way they can, to see to the mighty army of literate that cam strengthen National Development, in our National Anatomies.

5. RIGHT TO DIGNITY

Every person must be treated with respect and honour. Every person must be respected for who he or she is and must never be subject to slavery or any debilitating threat. Every person has the right to a beautiful life and must live the life they deem it fit responsibly to be fruitful in life. No one must at any point in time be abused, maltreated or disrespected in any way deprived of their right to liberty. Freedom must thrive in every nook and cranny of the Global Anatomy.



<u>THE BATTLE</u>



Every Freedom Giant in the Global Anatomy will definitely go through battles in his or her walk in life. These battles are ones that we must go through. They are phases in life that promote us to The Analogy in Freedom that must be attained for each time in life. As Freedom Giants, we must at all times remain Relentless and stand strong to our Grassroots. We must never linger or give in during The Battles. The Battles are what makes us. The Battles refine us. They make us and we must be appreciative of all of these battles. They are spectacular times in our lives.

There is no way, we can move forward and experience AMELIORATION without fighting Battles in life. Every step in our life involves an extraordinary act, we must take as Freedom Giants to be able to conquer and sustain our progressive nature. We must dare not settle for less. We must dare not take things that have question marks or situations that have question marks on them, for granted. We must be Proactive. We must make sure that, as far as we are here on earth, we enjoy our Freedom in its fullest progressive nature, at every point in our Freedom Journey. We must never be cut short of our experience of Freedom, in our Freedom Journey. At every point in time, we must stand tall and make sure that we live to our best in our Freedom Journey.

ESCHEWING SUBSERVIENTNESS

At every point in time, we must be aware of who we are as Freedom Giants. We dare not keep silent, remain silent about who we are. We dare not allow our potentials be crippled not showing her skills. We dare not be swindled up and down in any way so as to conform with the mediocrity that has toppled everywhere. We must not keep our mouths shut. We must Stand Tall and eschew all forms of subservientness. We must Stand Tall in the light and in the dark. We are true heroes and heroines of change.



We must tally with ourselves We must not fit into someone's shoes. We must believe in ourselves, We must Love ourselves to the utmost. We are made for more!

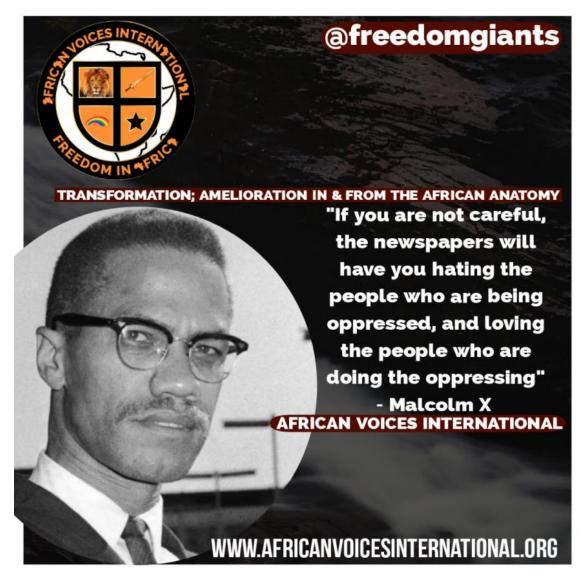
We must never allow anyone to take advantage of us. We must never deprive our skills. We must at all times make sure that we are at our best. We must strive for Excellence. Our priorities must be right all the time. We must never allow anyone to inhibit our priorities. We must feel free all the time, and hold our privacy, as we wish to.

A lot of people are there not to correlate with the Analogies promoting Democratic and Political Freedom, but to make a name and go. We are not here as Freedom Giants to make a name. We are here to fight the Battle; ensuring Pluralistic Freedom in Africa. We are here to ensure that everyone is free to cause the needed changes that ought and must be brought forth in Africa. We dare not support a bloc of people and ignore others who are also equally with the same skills. We promote Freedom. We serve Freedom. That is our emblem. We do not care if anyone is jealous or not.

We must keep on Standing Tall. We Stand Tall as an Anatomy and individualistically Stand Alone where no one corresponds with the true Freedom we fight for. We fight for Freedom just like how President Museveni kicked against LGBTQ Acts. We dare not fall into subservientness for the sake of an individual's peace. We stand Tall and fight for the masses. That is our job. Let us be Proactive and make it happen.



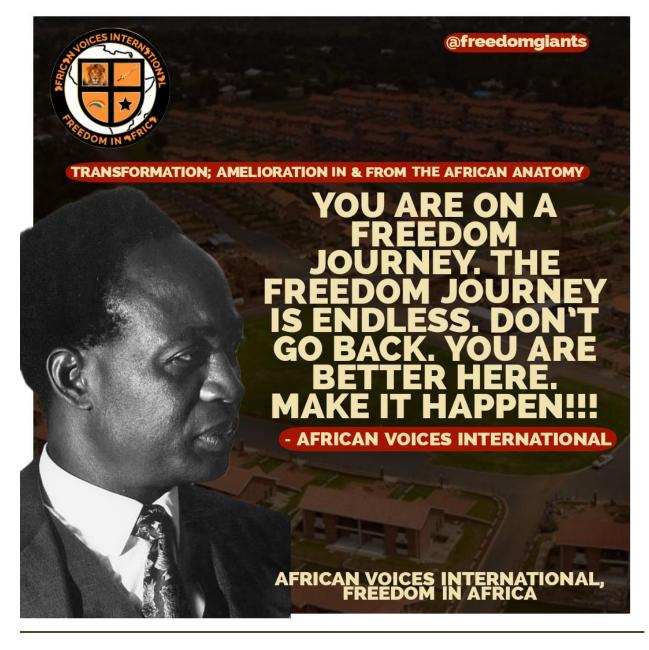




Freedom Giants are made for more. We are truly made for more and we must make sure that we live to the finality of it all in our Freedom Journey. Every season in our lives comes with a step of amelioration, and we must make sure that we walk in that amelioration, and repose anything that wants to subject us to any form of retardation, backwardness, mediocrity or unproductivity. As Freedom Giants to as well, we must never be progressing in an unrealistic manner. We must never be retarding in growth. We must always analyse ourselves, and make sure that we never increasing at a decreasing rate. We will definitely decelerate if we do not take the necessary Proactive steps to ensure that, we do not maintain our constant increasing rate in every area of our lives: economic, social, political, educational and in all, our vision, which totals the particular direction, we seek to continuously use to affect lives as Freedom Giants.



KINDS OF BATTLES



1. VISIONARY BATTLES





Visionary Battles are the kinds of battles, people face as a result of their quest to stick with a particular Analogy for the Freedom of the people. These battles are attacks people face in their quest to bring liberation to the people. These are battles people face because they want to ensure people being emancipated from various treacherous acts and deprivations they have suffered. People who engage in such emancipation are mostly victimized and neglected. They are made to go on their course, their own selves. Such leaders face a lot of hardships in their quest to bring such redemptions. The world normally victimizes such leaders because of their fear to see various truths revealed and in their fear to see everyone freed from chains. Kwame Nkrumah of the Ghanaian Anatomy and Nelson Mandela of The South African Anatomy are people who had visionary battles. When we stick to a particular course, we will definitely face some hard times, but it is up to us to be Relentless at every point in time, to make sure that we do not become empty of what we our own selves must take advantage of, to make the Global Anatomy, a better place.







2. JOURNEY BATTLES

Journey battles are the kinds of challenges, individuals face on their way to accomplish a task, or fulfill a vision. Journey Battles are always battles people face, after realizing their visions. So Journey Battles are always battles people experience a step ahead after passing through their Visionary Battles. If Freedom Giants can at all times work with the right modus operandi, they will always successfully keep on seeing and experiencing, the rightful amelioration, they desire to see. These battles are mostly individual challenges people face. It could be the stress a person face in his or her road of life. They differ from person to person. Someone can be facing challenges in University with the payment of his or her children, someone facing accommodation problems because he or she is growing and now needs to be responsible for his place of abode or whatever. As Freedom Giants, we must be Relentless in every journey of life and stand proactively to see to the Excellence of ourselves. Journey Battles are always battles people experience after taking a step in the course of fulfilling their vision.



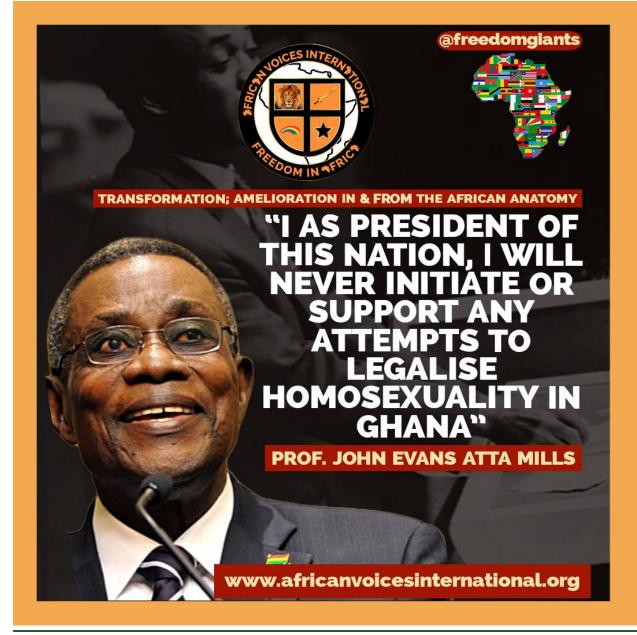
3. ANATOMY BATTLES



Anatomy Battles are the kinds of battles Nations, Organisations, Associations or Continents face as a result of their quest to also eschew various chains from their people and emancipate the lands. The African Anatomy is currently facing a big battle where Africans are downgraded, humiliated and are being forced to be subservient. There are other Africans who have paid heed to the trepidation of foreign allies but as Freedom Giants, we must remain Relentless. We must remain united as an Anatomy who interdependently walk collectively as a State, and stand tall to fight the battle that the African Anatomy, is surrounded with



PHASES IN BATTLES



1. THE RISE IN INSECURITIES

Battles begin to rise to rise when we begin to see a rise in Insecurities such as turbulences, turmoils or various insurgencies in the lives of people, institutions or National Anatomies. When Insecurities rise a sense of discomforts rise in our societies. Peace finds itself hanging in our lives. As Freedom Giants, we must be proactive in our Social Relationships to be able to detect oppressors and people with oppressive dispositions, and counteract them even before they try to combat us.

2. THE STAND



As Freedom Giants, we must be Relentless and strong in our quest to fight the battle. We must not be shivered in any about the schemes of the oppressors. We must stand strong and never ever look down on our ourselves. We must undoubtedly remain Relentless and stand to see Freedom on The African Soil.



3. THE WALK TO FREEDOM

As Freedom Giants, we must learn to walk the walk of Freedom at all times. No matter how long it may take, we must never swift to the oath that denies posterity of the lessons they must learn through our experiences. We must pass the right paths. If even we have to sleep on the street sides to be able to fight for our Freedom, we must do it rather than to live in the convenience of oppressors' homes, who will want to block any chances we have to make us, see it in life.

4. THE VALIDATION





As Freedom Giants, we must be able to validate ourselves at all times and see if we have fought the battle and eschewed the Anomalies. We must be able to validate ourselves and sustain the feat. We are Rejuvenated when we our validation correlates with The Analogies. Let us never settle for less, for we were born to change the Global Anatomy.

GET OUT OF THE PRISONS

Prisons are confined habitats where people are kept over a period of time and restricted





from exercising their liberty of movement. In this sense, Liberty of movement does not only mean, liberty to walk around freely and unrestricted. It means also, the liberty to live a cozy and Relentless life.

There are a lot of people who are in Prison because they do not know who they are. They do not understand what they have. They do not understand their capabilities. As Freedom



Giants, we must get out of everything we are handicapped in.

As Freedom Giants, we do not acclimatize with the barriers. We break the barriers and pave the way for People's Freedom. We stand relentlessly to ensure that the Analogies with Democratic and Political Freedom, stands the test of time.

There are many people who have been kept in "Prison," because they feel they owe a reckon to others and as a result, through subservientness, have been trapped in enslavement and are walking in the ordinary. It is time to get out! Don't be trapped!

A lot of people have misplaced their priorities in life because they have been trapped by Dictators to be subservient to their unpluralistic schemes. It is time to get out!

There is no way we can stand tall if you keep yourself under mediocre Relationships. You misidentify you identity if you thrive under crooked paths. We need to ensure the Analogy with Democratically viable Pluralistic Anatomies. There is no way we can thrive if we find ourselves in subservient Relationships. Let us correct the Anomalies. GET OUT OF THE PRISON!





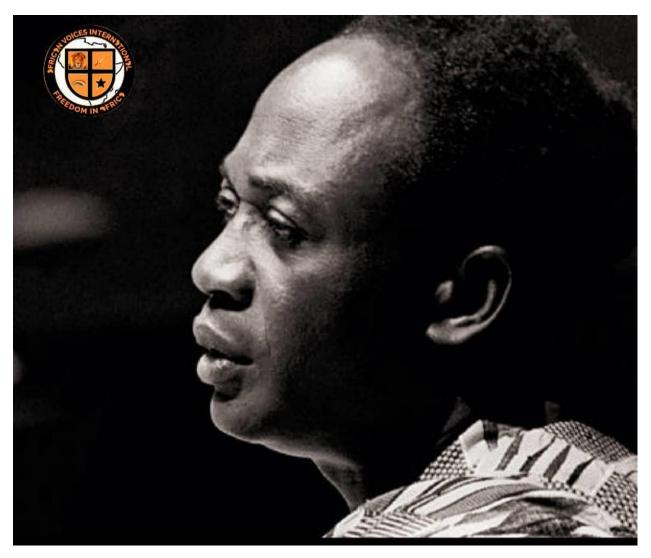
Let us ensure there is a correspondence to the Analogies for Democratic Freedom. Do not trap yourself or allow yourself yourselves to be trapped. Be Proactive. Ensure that you thrive under Democratically Pluralistic Political Anatomies. Ensure that you rule based on The Analogies for Democratic and Political Freedom. You were born for this. GET OUT OF THE PRISON! BE RELENTLESS!

Let us never settle for less!! Ensure the Analogies!! As Freedom Giants, we must ensure that there is an Analogy in Service to Freedom amongst ourselves. We must stand tall for this. We must believe in ourselves. In our relationships, we must never see ourselves subservient to others. Never must we also see ourselves as superior to others. But we must be neutral and correlate with the Analogies for Democratically Pluralistic Freedom in the Global Anatomy.

As Freedom Giants, we must be Relentless to the core in every Democratic Institution, we find ourselves in under our Political Anatomies. We must ensure that all Institutions under our Political Anatomies be it Public or also in the Private Sector, are fully functioning as Democratically Pluralistic Institutions. We must not settle for less, when various people put in position of leadership are altruistic. As Freedom Giants, we must fight for our rights. We must stand tall. We must not keep quiet. We must not have dispositions that favour authoritarianistic regimes. Our identities must serve as an "alarm" to various civil servants and Heads of States as well as to all workers of various Institutions and companies to walk in the Analogies for Democratic and Political Freedom.

We must make sure that at no time do we condone the irregularities practiced by various functionaries in power. We must speak against them and never condone their dispositions.



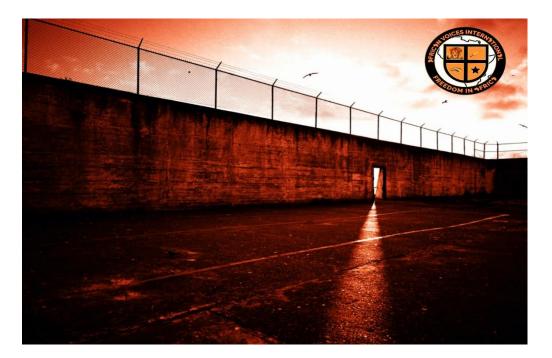


Dr. Kwame Nkrumah was a Relentless Politician who made sure that he was not confined in "Prison." If he allowed himself to be confined under the Anomalies of British Colonial Rule, Ghana and Africa would have been a step behind by now.

Dr. Nkrumah led a campaign by name POSITIVE ACTION in Ghana formerly called Gold Coast. He spoke against the Imperialistic rule of the British Anatomy. He felt he was in Prison under their authoritarianistic rule. He decided to stand against their oppressive rule. He was jailed for campaigning against their altruistic rule. He never gave in after being released from Prison. He was arrested in 1950 and released in February 1951. He led the Convention People's Party which won the 1951 Elections when he was in Prison, after he was released. As Freedom Giants, we must be Relentless to the core in every Democratic Institution, we find ourselves in. We must ensure that all Institutions under our Political Anatomies be it Public or also in the Private Sector are fully functioning as Democratically Pluralistic Institutions. We must not settle for less, when various people put in position of



leadership are altruistic. As Freedom Giants, we must fight for our rights. We must stand tall. We must not keep quiet. We must not have dispositions that bring the status of various Institutions unchecked. Our identities must serve as an "alarm" to various Heads of States, Civil servants as well as to all workers in various functioning Institutions and companies to walk in the Analogies for Democratic and Political Freedom.



We must be always be neutral as Freedom Giants no matter the Political parties, we find ourselves in. We must be on guard all the time. If we will be sacked because we are standing against various anomalies, we must stand tall to be sacked. We must be Relentless, because in being Relentless, we pave the way for the security of the populace.

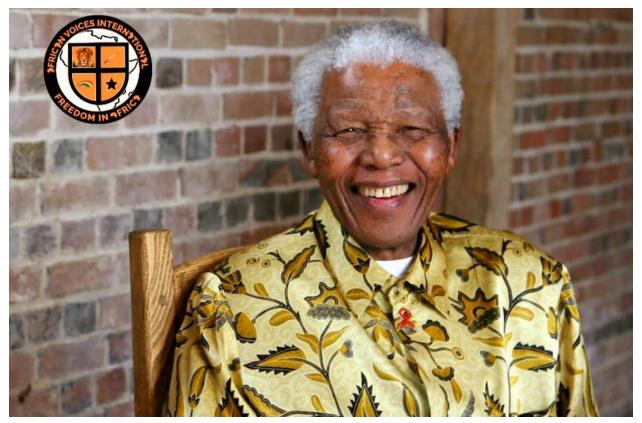
LET US GET OUT OF THE PRISONS!





As Freedom Giants, at all times we must be always careful. We must stand tall and make sure that at all times, we are Relentless. There are various detractors who are aware of who we are as Freedom Giants and do not want us to stand tall or fight for Excellence. As Freedom Giants, we must understand all this and believe in this. We must believe in who we are and stand tall. When we shut up, we automatically enslave ourselves in prison. But immediately we speak up and fight for our rights, we let ourselves out of the PRISON. We are Freedom Giants. We are not subservient conformists. We must stand tall everywhere we are. We must believe in ourselves. We must believe in who we are. We must go the extra mile to stand for our rights. It may be a lonely journey, but we have to stand tall.





Nelson Mandela was in Prison for 27 years. If he locked his mind in Prison whilst in Prison and after Prison, he would have not been able to lead The Anatomy of South Africa zA, to Freedom. Nelson Mandela was really oppressed. Even in Prison, he was treated worse than even supermax prisoners. People were not allowed to visit him and The Press was also kept far away from him. So no one knew how he looked like when he was released from Victor Verster Prison in 1990. However, this didn't keep him down. He was physically in prison but he wasn't spiritually in Prison. In Prison, he was learning and also teaching inmates. He also did a distance learning course from the University of London. He was also sending messages secretly outside to his Political mates outside Prison, to help fight against oppression. This made him very experienced to join the Political rally and lead his Party; African National Congress, from 1991 to 1997 after he was released in 1990.



We must get out of the PRISON. This is our time. Let us not settle for less. We are born for Rejuvenation. Let us ensure this Renaissance, for out of this can we walk in Resurgence and Restoration. Let us make it happen. We are made for this. We can do it. Let us revolutionize the Global Anatomy.





LET US GET OUT OF THE PRISONS!!!

CHAPTER TWO







STANDING ALONE

Standing Alone means taking on our guard to continue the fight without nobody's appendage, approval, permission and support. As Freedom Giants we must learn to stand alone at all times whether we have people's support or not. As Freedom Giants, we must stand alone and solve the problems of our National Anatomies. We must make sure that





the quality of Excellence that <u>AFRICAN VOICES INTERNATIONAL</u> correlates with, takes place everywhere.

The battle ahead of us involves us defending and guarding our Stamina, relentlessly. We must defend our Stamina of Excellence within, to be able to relentlessly fight the battle, we



need to fight, as Freedom Giants at all times. As Freedom Giants, we must not relent on our fight to keep on correlating with the Analogies for Democratic and Political Freedom. We must be Relentless. We are Ambassadors for the Global Anatomy. Let's hold on firmly as Relentless Freedom Giants, in our Freedom journey to ensure Justice prevailing in every nook and cranny of the Global Anatomy.

As Freedom Giants, we must work and function effectively and efficably as leaders without requiring anyone's appendage to work. We must contribute our tally towards National Development. We don't need money for that. We must be conscientious about that.

As Freedom Giants, we need to be self-determined. We need to make our own life decisions, long term goals, personal goals and work on it. We do not have to be crippled by the economic hardships. We must stand tall and stand alone. We must have enough Stamina to take various decisions for our good. We must not settle for less. We must be formidable about our Rejuvenation. We must set our priorities right and go the extra mile in seeing to the liberation of the society, to her rightful standards. The masses will not



want this but we must stand tall and stand alone. We must be over every limitation that seeks to keep the world in a substandardised way to the goals of AFRICAN VOICES INTERNATIONAL. We must make sure that at all times, we work as Trailblazing Survivors.



As Freedom Giants, we must stand alone. When it comes to us electing various leaders or making various selections on various policies, we must not just side with anything because the masses may side for it. We must stand alone. We must go into our "private rooms," assess and make proactive decisions. We must not be influenced on various issues to decide to stand for mediocrity. Even if we have parents or guardians or mentors, we must stand alone. We are supposed to be ourselves. Our efforts at the end of our Freedom journey are solely responsible on us. We must be proactive and not just take any decision even if it is considerably comfortable, but excellent decisions in the long run!!! Let us STAND ALONE. People may betray us. People may backbite us. People may try to come against us. We must stand alone because we have no one to blame at the end of our Freedom journey.

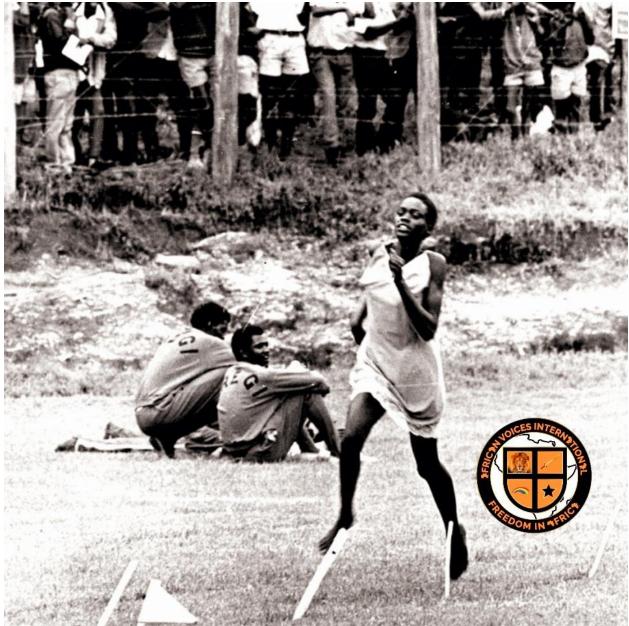
As Freedom Giants, we have to stand alone for a cause. There are a whole of things that we can never be encouraged to do, if we seek approval from the masses. As Freedom Giants, if we want to stand tall, then we must stand alone. That is how we achieve a Rejuvenation, for the Global Anatomy. We are born for a reason and until we decide to fight for who we are, the world will be found in jeopardy. We must fight for what we believe in. We must make sure that at all times, we stand alone and that is how we can



identify other Freedom Giants, because all Freedom Giants stand alone. Let us never break the Analogy. Let us be Analogical all the time! LET US STAND &LONE!!!

Let us work as determined and fortified Freedom Giants with the bravery and courage to change every anomaly to be rectified with the Analogies for Democratic and Political Freedom. Let us do this. We are made for this. We are Changemakers. We are Black Stars. Let us stand alone! Let us make it happen. Let us be Relentless!!!

The earlier every Freedom Giant understands that our families or family friends or best



friends don't determine who we are, the earlier we will be proactive. Let us Stand alone Freedom Giants. We are born for a reason. We have a task to carry. Let us rise up to the call.



We are phenomenal Freedom Giants. We are magnificent People. We are magnificent. We are characterised with enormous Stars. Let us not accept any understatement of us. Nothing is impossible for us. Nothing is above our terrain. LET US STAND ALONE. Never ever look down on who you are. Never question your potentials. Never underestimate yourself. You are a Masterpiece. Stand Alone. You entail with the correlations in the Analogies for Democratic and Political Freedom.

As Freedom Giants, we have to stand alone to be able to play our unique roles towards solidifying the African Anatomy, the way she should go. We all have our unique beings which we should and must mould for the well-functioning of the Global Anatomy. Yes, we can and we must stand alone to play these roles, so we all can ensure that as Freedom Giants, all sundry play their role for the correlation with the Analogies for Democratic and Political Freedom.

As Freedom Giants, we have to be Relentless in speaking the truth no matter who sides with us or not. We have to give in our life for the Freedom of all masses. We dare not remain silent in times when we have to stand tall, and if we have to stand alone, then WE

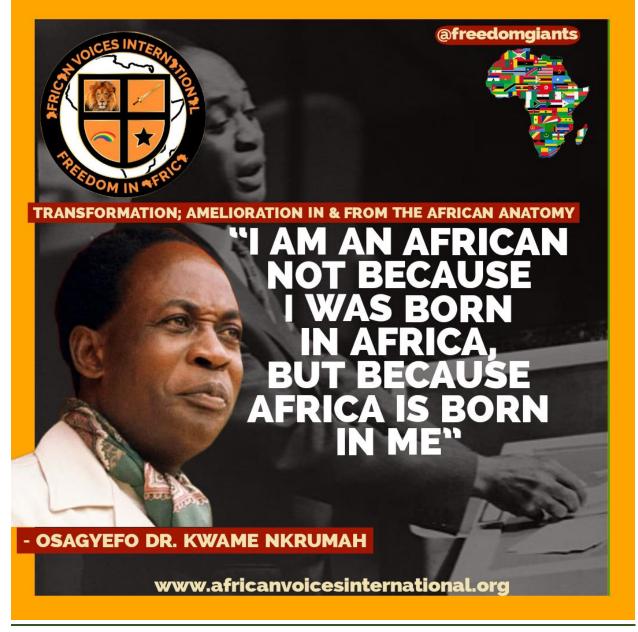


MUST STAND ALONE.

Never be startled when you see people not correlating with you for Freedom. If you have to stand alone, stand alone because at the end, Freedom will be brought to the masses and instill a sense of Relentlessness for all sundry to stand with, as a Global Anatomy. Stand Alone if you have to. Do not settle for less. Do not accommodate mediocrity. Revolutionize the Global Anatomy. Transform the Global Anatomy. Change the Global Anatomy. Make it happen for you are a Freedom Giant!



<u>CHAPTER THREE</u> DEMOCRATIC RESTRUCTURING



As Freedom Giants, we must ensure that the sun rises in every sector of ministry our National Anatomies, hold. We must stand tall as Freedom Giants and ensure that the systems are not polluted and corrupted for darkened HUMAN Living. We must ensure that indeed just like a Human Anatomy has each part of the Anatomy, playing a quintessential



functional part, in the same way does The African Anatomy also play her role uniquely in giving meaning to the Planet Earth, as a beautiful Global Anatomy. No Continental Anatomy can play a role for another Anatomy. Each Anatomy must play their own role excellently. Currently in Africa, 98% of automobiles are all imported into our continent. We must be also be able to produce our own automobiles and be self-reliant. We must show the beautiful side of The African Anatomy.

Within the African Anatomy, there must be a fair Pluralistic sharing of the nation's resources. Every person qualified within a particular terrain must be given the nod for them to express their "handicrafts" in the particular region. We must not be preferential and nepotistic as an Anatomy. We must ensure a balanced Anatomy. That is how the Sun can rise in and from Africa

The African Anatomy is very beautiful and until we ensure a Balance in administrative governance for every nook and cranny of the various suburbs, districts, municipalities, metropolitan and in our National Anatomies, there will different factions of National Anatomies within a single ruled Political Anatomy of a Nation. Every citizen of a National Anatomy must feel the sovereignty that their National Anatomy has, regardless of which suburb they live in, in their nations.

We must see to it that people do not have to travel to the regional cities before they experience the beauty within their nations. We must make sure that there is a sense of reciprocal dignity in every nook and cranny of administrative regions in our countries to promote total sufficiency of every one wherever they are in the geographical locations of our National Anatomies.

There must be the full implementation of a Decentralized Administrative system which seeks to ensure proper accountability on the side of all Staffs and workers within a Political Anatomy. The kind of attention that is given to certain cherished towns must be given to each town and village equally in our nations. Our Members of Parliament must be working efficably to ensure that everything is under full control within their jurisdiction, for the maximum development, their constituencies need.





As Freedom Giants, we must be each other's keeper. We must ensure that those who have the right qualifications to change the settings of our Political Anatomies are the ones chosen. We do not have to be apologetic about that. We must ensure that all those who want to see themselves in various offices are people who have their National Anatomies at their heart and not people who want to hold offices for their parochial desires. We must ensure that we have leaders who are disciplined at all times enough to see to it that our nations are guided by the codes and ethics that pay heed to the Corroboration of Democratically Pluralistic Political Anatomies.

We must be able to see ourselves as One Anatomy. We form one Anatomy when we behave as such. When we start to put the interest of our nations at heart, we share a common mentality that's surrounds us and makes us form a bond. When we begin to patronize our National Anatomies, hail them and seek for the welfare and Prosperity of our National Anatomies, we stand tall as a United Anatomy.

As Freedom Giants, we must all be tied to a common goal. When we all pay obeisance to the goal, we can clearly identify ourselves as an Anatomy who are analogical to each other towards our functioning. With this, we all walk as one people and have a leader who guides us on course to act as a check when we are of course or not.

We all have a quintessential part towards ensuring that The Global Anatomy is equally structured economically and politically. In no way must various National Anatomies be superior and therefore have their economic decisions one way or the other being the basis at which other National Anatomies operate and also make various decisions. All Freedom



Giants must stand tall enough to see to it that, there is a Democratic restructuring for the effective functioning of National Anatomies.

DEMOCRATIC LEADERSHIP



We must be very intentional towards adapting and cultivating versatilities everywhere. Every form of Leadership setting must be open truly to various horizons from different origins who however have accepted the onus to serve their National Anatomies and stand for their personal dictates. That is what makes an Anatomy. It is an understanding amongst various people to live and cooperate peacefully with each other without violating the rights of others.





The Global Anatomy is evolving and we must only celebrate how we have come out as Freedom Giants and not how one Anatomy is dominant over the other. Everyday, there are numerous partnerships going on in our societies which have become permanent forms of Analogies between people. People are now classified not on racial lines but on various forms of record breaking lines. That is why we are called Freedom Giants. We do not operate on hegemonic lines but on neutral lines that seeks to promote mutual integrity based on mutual respected negotiations for the survival and wellbeing of human beings.

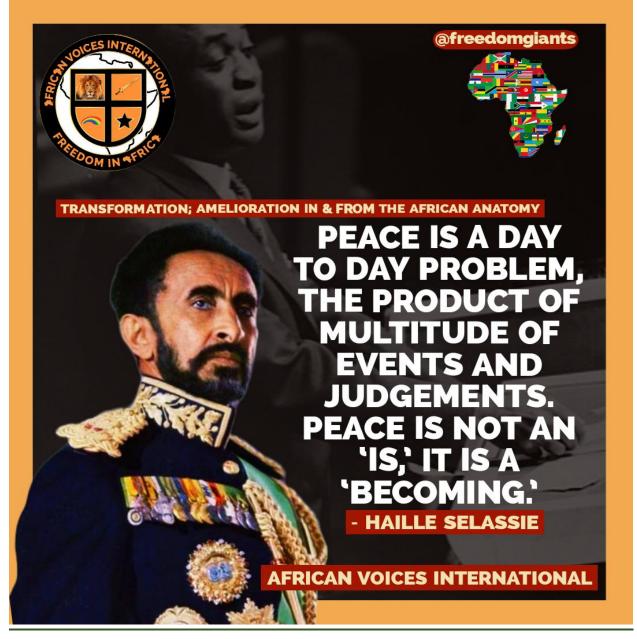
When within Anatomies we begin to segmentate ourselves, we expose our strengths and that's when we begin to see various forms of exploitations. If we should segmentate ourselves, it should be channeling ourselves into units under a hierarchy for the development of various projects but not for seeking self-pride, or one being hegemonic over the other.

We must at all times make sure that we have an all-inclusive Government wherever we are to Foster the needs of the society. No one must be seen as the hegemonic status over the other.

No group of people should believe they have the mantra to anything. When we all collaborate as an Anatomy, we indeed ensure and make strong the spirit of Relentlessness in fighting for the Global Anatomy. Until this is done, there must be a continued process in fighting to this end. We must not lay back. We must fight for The Africa, we want. We must Renee our minds and our thinking to accept who we are and who everybody is and that is



how we can see the New Africa we want; with everybody playing a specific role.



We all have a role to ensure that we relentlessly play our quota towards making the Global Anatomy, a better place. We are One Anatomy and no part of the Anatomy should be hegemonic over the other. We all have our uniqueness. Our history shapes us to be disciplined and out of that do we develop our traditions, customs and cultures which also form our ethics and also in turn become codes which guide the behaviour of anyone, who comes within the enclave of any geographical terrain.



As Freedom Giants, we must learn to respect each other's cultures provided they are morally upright and do not inhibit good standards for our society to live by. We must learn to appreciate everyone for who they are, and that's what the world a beautiful place. Under the world is correlating based on some analogues, we cannot characterize ourselves as a Global Anatomy.

In Africa, most regions where various ethnic groups have settled are places they came to later find, and settle in. They celebrate festivals in remembrance of the passage to these places, and how relentlessly, they were able to survive through. They adapt various clothing, colours, dances and forms of greetings. These become their traditions which vary from area to area. In no way do any of these traditions become subservient to any other cultural norms. Until we decide to respect, value and tolerate each other, we can never refer to each other as a Global Anatomy. But when we begin to value, respect and stand for each other, we now start to

As Freedom Giants, we must learn to ensure that we do not become bias as leaders. We must ensure a balanced selection of people all across every terrain we lead as Freedom Giants. We must ensure that we see to the appointment of people within different ethnicities, localities, life experiences and backgrounds to fill various positions so that our National Anatomies can have a fair share of the cake in a meaningful way, that depicts the kind of Anatomy we want to see; a Free and well Ordered Anatomy full of Excellence everywhere.

There are diverse kinds of norms, ethics and values in different states, cities, towns, ethnic groups and religions which are all phenomenal of which their representations ashamed under Political Anatomies makes their members feel inclusive and highly esteemed to be part of a Central Anatomy. It is in this light that we have to ensure audible representations of everyone, everywhere for the genuine and progressive functioning of our National Anatomies.

As Freedom Giants, we must be the differences towards the restorative stride the Global Anatomy, needs. We must keep on ameliorating at all times to ensure that the Global Anatomy Stands Tall and the nation does not in any way revert back to her old and former ways of doing things. We must Stand Tall and be Relentless at all times.

THE REALITY

As Freedom Giants, we must make sure we play our parts to see to the Rejuvenation of The Global Anatomy. Every faction and fraction of humanity in the Global Anatomy is all the same, equal and relevant in an equitably balanced way of functional order. They all have a part to play in ensuring the Revolutionisation of the Global Anatomy. And it is in this light, that no bloc, group or region of people must be exempted or biasly excluded from adding their quota towards National Development. Just like the Human Anatomy, it

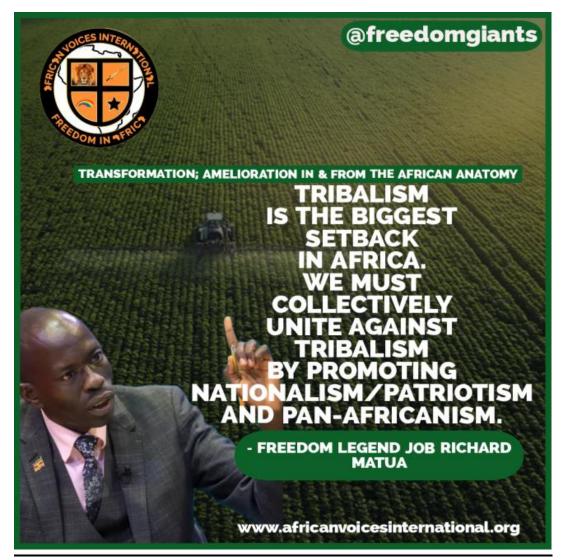


entails various functional parts which are requisite to the total functioning on the entire Human Anatomy. It is in this same reflection that the Global Anatomy composed of people within different geographical locations in the different continents, are one Anatomy and are not to be classified on any form or relation of superiority.

Now in the African Anatomy, our National Order must not have any form of political biases. The administrative functioning of our various Political Anatomies from their various singular units must have effects on their entire Anatomies and not on a preferential side of theirs. There must be a neutrally Pluralistic Agenda that sees to The mainstream Political Anatomy, seeing to every facet and/or organ of administrative functioning right from Regional divisions to all Constituency blocs within regional fragments. This is how indeed, the National Anatomy can be described truly as a National Anatomy and not just be characterized as a National Anatomy based on border demarcations and the so called shared values. The shared values that characterise a National Anatomy must have Political policies being widened and affecting every nook and cranny of a National Anatomy. That is how we can see Change.



CHAPTER FOUR AMELIORATING THE STRIDE FOR NATIONAL DEVELOPMENT



As an African Anatomy, we all can stand tall when we stand by each other and play a part in ensuring the rejuvenation of our National Anatomies without putting the sole blame on anybody. Of course, there are respective onuses on various Institutions and sub-units



under our Political Anatomies, who have to play responsive and corresponding roles to ensure the rehabilitation of our National Anatomies. However, we have to be Relentless in ensuring that, we play our respective roles to prevent the structure of our National Anatomies from worsening and dying out.

We are Masterpieces and we must at all ties make sure we proactively transform the continent. We do not have to let loose of ourselves by misplaying our functions. We have to stand tall, believe in ourselves and work relentlessly hard in fulfilling our functions regardless of who stands with or without us. We must be Freedom Giants who make sure that our roles lead to the Emancipation and liberation of our lands. Let us Stand Tall. Let us Revolutionize the Global Anatomy. Let us Transform the Global Anatomy. Let us make it happen as Freedom Giants. We must be Relentless towards transforming our National Anatomies.

As Freedom Giants, we must be concerned towards the endless upliftment of our National Anatomies. We must stand tall to ensure that the endless Revolutionisation of the Global Anatomy. When things are under suppression, we must stand tall and fight the battle to ensure the correlation with the Analogies with Democratic and Political Freedom. The following objectives must be carried out to ensure the effective progress for The National Development of each National Anatomy. The following criterion offers the digest for an efficable National Anatomy.

NATIONAL ORDER

We have a part to play. We own our own course. We own our own destiny. Our destiny lies in our own hands and we as an African Anatomy must never allow anyone to in anyway dissect, manipulate or interrogate our leadings. We must not also in any way allow be apologetic on our decisions to be Relentless. When we learn to stand by each other as an African Anatomy, we become more formidably inclined to stand tall against Imperialistic intrusions. We must be brave enough to avoid all odds that stand to bring various forms of segmentations amongst us, and how we can all stand tall to redefine the National Order of The African Anatomy. We are made for this. The philosophy we live is passed on to the next generation and the next generation and also becomes a part of their blood. We must not be overridden in our thinking. We must be independent in our thinking. Let us stand Tall!





Kwame Nkrumah once said A State in the grip of neo-colonialism is not master of its own destiny. That's very true. As Freedom Giants, we must be concerned towards ensuring that the progression of The African Anatomy does not fall subservient to the benefits of foreign Anatomies. We must stand tall and ensure that the dignity of our National Anatomies prevails over all other negotiations.

CELEBRATION

As Freedom Giants, we must at all times be involved in the celebration of the pride of our National Anatomies. These times are quintessential times which uplift others and strengthen the culture of our National Anatomies. We must never think of sidelining moments that showcase the glorious traditions of us, as Freedom Giants. We must at all times stand tall to ensure the Rejuvenation of our people. It is in these times that we can indeed see the dignity we have all the time professed ourselves to be and as well, stood



all over the years to one day hold on. We must never at any point in time sacrifice our celebrations for otherwise. We must invest time for Celebrations and that's how, indeed we can see a Rejuvenating and redefining moment of what we call ourselves, how, we see ourselves and how we ought to live our lives as well as the decisions and the directions we must take and pass, for the next phase of our lives.

FIGHTING THE BATTLE

As Freedom Giants, we must at all times make sure that we do not in any way have our identities questioned. Our persona must always secured. We must not allow any situation to determine why and how we must redirect our lives towards living subserviently to others. We must be each other's keeper. We must believe in ourselves and in what we carry as capable and potent in winning every battle. We must never at the last moment give in or give up because of whatever may look frightening. We must at all times have our sword and fight the battle. We must at all times make sure that we do not in any way misbehave or find ourselves wanting. We must not allow societal anomalies to define how we structure our persona. We must move at all times as Freedom Giants with no boundaries.

FREEDOM PERSONIFIED

As Freedom Giants, we must at all times make sure that we walk in the ambience of Freedom. We must never restrict ourselves in whatever situation. Wherever we find ourselves be it in the home, at workplace, in our National settings or at school or at wherever we find ourselves, we must always stand tall. We must never succumb to "mediocrish" settings, for survival. We must correct the Anomalies. We must never be slaves to anyone in order to succeed.





As Freedom Giants, we must make sure at all times, we stand tall to see to the promotion and sustenance of Democratically Pluralistic Freedom in every nook and cranny of the Global Anatomy. We must remain Standing Tall on this. We must never be submerged under Political Gimmicks to end our Focus. The moment we begin to decline, the FREEDOM of the African Soil will begin to diminish and subside. As Freedom Giants of The African Anatomy, we all have a part to play towards standing tall for the CIVILIS&TION of The Land.

RELENTLESS AFRICAN NATIONALISTS







HIS EXCELLENCY ATIKU ABUBAKAR

H.E. Atiku Abubakar was once the Vice President of The Nigerian Anatomy NG from 1999 to 2007 under President Olusegun Obasanjo's Presidency. He stood as a Humble, Disciplined, Patriotic and Nationalistic leader. He was a Governor of Adamawa State on three occasions. His Heart for the Nation has been admired by all sundry, during all his years of Service, for The Nigerian Anatomy NG. His Relentless attitude to correlate with the Analogies for Democratic and Political Freedom has been corroborated by the People's earnest appeal to see him running as a candidate in the 2023 Nigerian Elections, which he has taken the step ahead to do, on the ticket of The People's Democratic Party.

H.E. RAILA ODINGA

Mr. Raila Odinga, Presidential Candidate for the just ended 2022 Kenyan General Elections is a Politician and was once a Prime Minister of Kenya, from 2008 to 2013 under the Presidency of Mr. Mwai Kibaki. Mr. Raila Odinga has stood as the President for The Kenyan Anatomy for four times; in 1997, 2007, 2013 and 2022. Mr. Raila Odinga in 2002 applied to stand in as a Presidential Candidate for Kenya African National Union, but he was voted out. He never gave in and has had the heart to serve his National Anatomy, in even the 2022 General Elections. He formed The Rainbow Alliance; a Coalition of Parties and once was the leader of Orange Democratic Movement; a center left Political Party founded by Mr. Mugambi Imanyara. Mr. Odinga also joined in different times, Political Coalitions composed of different Political Parties meant to strengthen their force to win their Elections. He joined the Coalition for Reforms and Democracy (CORD) and The National Super Alliance (NASA). He has been a Relentless figure who continues to fight for the Dignity of his National Anatomy despite not being a President. He is a Nationalist and a Patriot. He leads and is the founder of The Azimio la Umoja-One Kenya Coalition Party, A Political Party consisting of various Political Coalitions as well. In all he has vied as a Political Candidate for 5 times but still continues to remain Relentless as a Nationalist and a Patriot.

PROFESSOR PATRICK LUMUMBA

Professor Patrick Loch Otieno Lumumba KE is the Head and President of The PLO LUMUMBA Foundation; a Non-Governmental Organisation with the quest of strengthening Good Governance in National Anatomies, through the empowerment of efficable Leaders. He is currently the Director of The Kenyan School of Law. As a Nationalist, he stands tall in ensuring that The African Anatomy correlates with the Analogies for Democratic and Political Freedom. He is a former Chief Executive Officer of The Kenyan Anti-Corruption Commission. He is a phenomenal Pan-Africanist who patronises African ethics and ensures the Corroboration of Democratically Pluralistic Political Anatomies. He is a Radicalist who stands against Corruption and speaks phenomenally against all forms of corrupt and bias led Political Anatomies in the Global Anatomy. He is a trustee and a Stakeholder of the African Institute of Leaders and Leadership in Kenya. He is a Lawyer by profession. He was named after Patrice Émery Lumumba CD. He is simply a Radicalist and a Revolutionist.



PRIME MINISTER ABIY AHMED

Mr. Abiy Ahmed is the Prime Minister of The Ethiopian Anatomy. A very Relentless leader he has been since taking power from April 2018. The only Uncolonised Anatomy ET has been through the thick and thin in the past years and PM. Ahmed has stood in the gap for Ethiopia's Rejuvenation as a Political Leader. PM. Abiy Ahmed has won The 2019 Noble Peace Prize for mediating Peace Talks to reunify the long standing rivalry that had ensued between The Ethiopian and Eritrean Anatomy, over their extent of their border marks or territories.

PM. Abiy Ahmed ET has been a Relentless leader who ensured the Security of The Political Anatomy of Ethiopia from being taken over by Tigray Rebels in the war, that begun from 3rd November, 2020 and ended in 3rd November, 2022 which was between the Political Anatomy of Ethiopia ET together with the Eritrean Political Anatomy and The Tigray Rebels. PM. Abiy Ahmed fought Relentlessly to defend the sovereignty and control of The Central Political of Anatomy in Addis Ababa from being impoverished, controlled and taken over by The Tigray Forces. He fought to defend The Democratic rule and at the end has ensured Peace between both factions which have still kept both factions as one Anatomy. PM. Abiy Ahmed is a Nationalist, a Disciplined, Democratic, Pan-Africanistic and Relentlessly Patriotic Political Leader.

BOBI WINE

Robert Kyagulanyi Ssentamu uG with his stage name as Bobi Wine uG is a Ugandan Nationalist who Relentlessly fights for ensuring an Analogy for the Democratically Pluralistic functioning of Uganda's Political Anatomy. Bobi Wine as he is called is also a Musician who composes mainly Afro Beats Music, and has been a Member of Parliament before, for The Kyadondo County East Constituency. He has continuously fought for the Democratic functioning of his National Anatomy uG, despite he being assaulted numerous times, mishandled by Government officials and also being put under house arrest. He is the Founder of The National Unity Platform. He won 34.8 percent of the 2022 Ugandan Elections of which he was second to Mr. Yoweri Museveni; President of the Ugandan Anatomy. Bobi Wine continues to fight for his National Anatomy on all fronts and stands tall to see the Democratic Governance of his National Anatomy ruled for the total sufficiency of all Ugandan Natives as an Anatomy, and not for a constituent fraction of his Nation.





<u>DO NOT BE LOOSENED</u>

Caption Image: King Almamy Suluku; King of The Biriwa Kingdom which was the Largest Kingdom and stood Relentlessly to maintain her independence from British Colonial Rule.

To be Loosened means to make an individual, Organisation, Society's or National Anatomy's way of life, traditions, strong cultures and ethics weakened. Nowadays, so many Institutions, Organizations and National Anatomies have become loosened. We as Freedom Giants must never settle for less. Let us stand Tall and ensure that we do not weaken our traditions and Analogies, as an Anatomy.

As Freedom Giants, we have to be very careful so that we not become loosened as an Organisation. We have to keep to our traditions, our way of life and accord with each other in harmony and in respect. We must be Disciplined, Nationalistic, Patriotic, people of Excellence and Enforcers of Justice. We must walk with these Analogies. We are called Freedom Giants and work as an Anatomy. When we begin to start misidentifying ourselves as such, we begin to be loosened. If King Almamy Suluku sL allowed himself to be loosened, The Biriwa Kingdom which was the largest Kingdom in Sierra Leone during Colonial periods in the 19th century, wouldn't have being strong and maintained her independence as a Kingdom.



As Freedom Giants, we must Stand Tall at all times and assess ourselves to make sure, we are at all times of standard. We must never at any time allow anyone or group of people to loosen us a bit in relation to our standards. Once they begin, they will continue and continue to creep in us and get a hold of us. We must at all times, respect ourselves for who we are, regardless of how people see us. We are Freedom Giants working to correct the Anomalies in the Global Anatomy. We must never tarnish our image because of what people will say or how they will take us once they realise we don't walk in mediocrity. As Freedom Giants, we prick the hearts of loads of people, because we are refining the standards and they are part of the people involved in The "Mediocration Process." Never must we cling to whatsoever people who decide to live in mediocrity regardless of who they are, or the positions they hold in societal settings. We begin to loosen ourselves when we start to settle for less. As Freedom Giants, let us never settle for less. We must be Relentless. That is how we can walk in continuous Rejuvenation.

We must never divert our course as Freedom Giants. As Freedom Giants, we may find ourselves being envied by others. We are in no competition. We are Freedom Giants. We don't compete with anyone. The moment we begin to work to show a point to other parties, we loosen ourselves. Let's not loosen ourselves. Let's defend ourselves from intrinsic and extrinsic manipulations. We are here for Nature's course; to liberate humanity. The moment we begin to focus on fame and how we can get more marks than others, we loosen ourselves. Let's be focused to our goal. That's how we can enjoy The complete Rejuvenation for The Freedom Year. We didn't just come to live any life. We came to live as Freedom Giants and that's why we must never be loosened. Let's stand tall and work as Freedom Giants to the highest pedigree. Let's Revolutionize the Global Anatomy. Let's make it happen. Let us be each other's keeper as Freedom Giants and ensure that no Freedom Giant becomes loosened. Let us Stand Tall and be Relentless all the Time. Let us make it happen. Let us revolutionize the Global Anatomy. Let us make it happen. Let us revolutionize the Global Anatomy. Let us make it happen. Let us revolutionize the Global Anatomy. Let us make it happen. Let us revolutionize the Global Anatomy. Let us make it happen. Let us revolutionize the Global Anatomy. Let us make it happen. Let us revolutionize the Global Anatomy. Let us make it happen. Let us revolutionize the Global Anatomy. Let us Transform the Global Anatomy. Let us make it happen.





As Freedom Giants, we have parts to play in the institutionalisation of every National Anatomy. We must Stand Tall to ensure that all anomalies and mediocrities are corrected. We must ensure that all Political Anatomies correlate with the Analogies for Democratic and Political Freedom. We must not give in to Dictators. We must remain Relentless. We loosen ourselves when we begin to give in to all forms of Oppressions.



We have a phenomenal part to play. The systems have been weakened. As a result, we have to stand tall and correlate with the Analogies. We must not allow mediocrity to prevail. We must ensure Justice prevailing to the highest pedigree as Freedom Giants.

We must remain Relentless and not allow ourselves to condone with mediocrity. We must constantly be on Guard. We are Freedom Giants. Let us stand tall continuously for the reformation in the next phase of Global Transformation of the Global Anatomy. The moment we begin to become pressurised based on people's criticisms, we are on the journey to loosing ourselves. Let us not loose ourselves. Realise who you are. Realise your ambitions. Sit up, Rise up and Stand Tall. We are beautiful when we are ourselves. We were born for a reason. So let us make it happen and make the Global Anatomy, a beautiful place. LET US BE RELENTLESS!!!

We are unique just as we are. We were born for an identifiable reason. Let us be ourselves. Let us not try to misplace our identities. We make the Global Anatomy, an Excellent one when we walk in our shoes. We give meaning to the Analogy amongst us as Freedom Giants, when we function specifically. Let us not give up on ourselves. We are standards. Let us Cause the change now, Freedom Giants. Let us never wait for anytime. Let us not wait for any Ambassador. Let us go forward. We are made for this. Let us Solidify ourselves. We are born to win. We are made to win.

A lot of people may begin to show their real selves, when they see us solidifying ourselves. Let us not be in any way saddened. A lot of comrades will begin to show adverse nature's of them when they see you solidifying yourself. Don't succumb to their gimmicks. They are loosening themselves and burying themselves in a pit. Don't loosen yourself by paying heed to their gimmicks or being subservient to their commands. Let us defend ourselves. Let us stand Alone. Let us be Relentless. Let us Revolutionize the Global Anatomy. Let us Transform the Global Anatomy. Let us make it happen, Freedom Giants.

DO NOT BE LOOSENED

You make sense when you function in your realest self. Don't just be anything. Be your real self. Walk in your actualized self. Don't just walk in Rejuvenation. Be ready to climb to the next level. Go far. You will make it happen. Don't be mad on yourself. You are a work in progress. You will get there. Treat yourself nicely. Appreciate yourself. Have time for yourself. You are unique and wonderful.

As Freedom Giants, we must believe in ourselves. We must stand Tall and make sure we are not loosened by the critics of various oppressors or losers. We must Stand Tall in the Long Run and see to the change that needs to be caused. We must not operate in anyone's shoes. We must Stand Tall and make sure that we do not loosen ourselves from the tactics of oppressors.



We loose our Rejuvenation when we do not Stand for what we want to see. We must never be sympathetic but be Relentless towards seeing to the needs of The Global Anatomy. Let us make it happen. Let us Stand Tall. Let us change the settings of

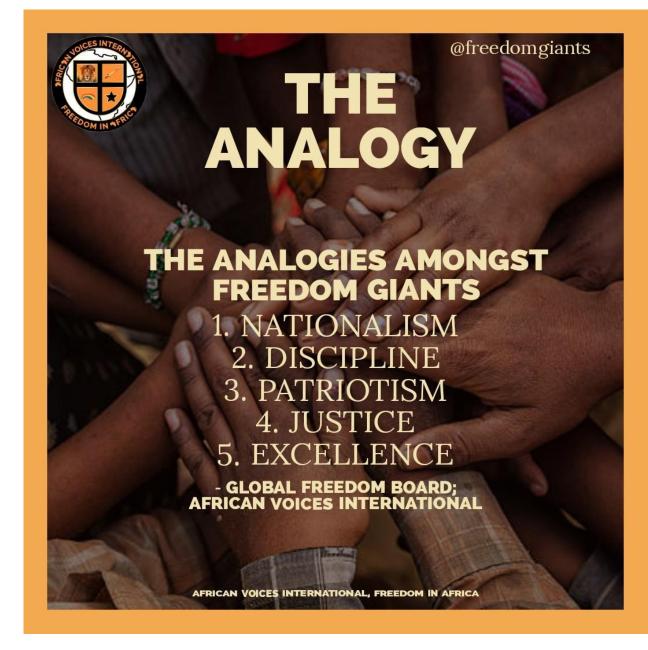


The Global Anatomy as fearless radicalists. We are made for this. Let us make it happen. We are born for this.

Let us Stand Tall and make the Global Anatomy, beautiful. WE MUST NEVER BE LOOSENED. Let us revolutionize the Global Anatomy. Let us transform the Global Anatomy. Change the Global Anatomy. Make it happen.

SUSTENANCE OF THE ANALOGIES





The African Anatomy cannot continue to be in shambles. We as Rejuvenated Freedom Giants must rise up and ensure that our Political Anatomies correlate with the Analogies for Democratic and Political Freedom. Let's break the barriers and ensure an outright growth in all sectors of Development, in our National Anatomies. A Nationalist goes beyond Political confines. A Nationalist is not subservient to the whips of a Political Party. A Nationalist is Analogical to the Democratic and Political Freedom of a National Anatomy. A Nationalist acts and lives as a Patriot and seeks the Development of a Democratically Pluralistic Political Anatomy.



<u>DEFENDING OURSELVES AS FREEDOM</u> <u>GIANTS</u>

As Freedom Giants, we must make sure that, we are never kept in a pit. We must never speak less of our Dignity. We are Made of and for More. We must make sure that our Freedom of Speech and Freedom to act when needed are not tempered with. We must at all times raise our voices! We must stand tall. When we defend ourselves, we preserve our heritage and our pride as an Anatomy from being inflicted. Steve Biko defended himself and saw the need to fight for Black South Africans who were oppressed and were under the White Minority Rule. He defended himself and the people. When you defend yourself, you defend the people, but when you defend yourself alone, you temper with your progress. Steve Biko led the South African Students' Organisation from 1968 to encourage Black youths to resist White Oppression. Let us be Relentless like Steve Biko, who fought for the rights of the Bantu People.

As Freedom Giants, we must at all times stay ahead and defend ourselves from the conflicting issues in our society meant to sabotage us, and our identities. Never must we keep silent. Never must we say "Whatever is supposed to happen, will happen." No! We have to reflect our Stamina; Relentlessness everytime. We must defend ourselves at all times. We must never settle for less. We must walk as Freedom Giants all the time. Never must we become subservient to people's supposed schemes meant to impede our progress. They are only tricks! We must stand tall and walk as a Global Anatomy. We are made for More. We must be always vigilant and know when to say Yes, and when to say No, to various negotiations. Let's be Relentless like Steve Biko, Nelson Mandela ZA and Muammar Gadaffi. .

When we Defend ourselves, it does not mean 1. We are arrogant

2. We do not learn and/or give reckon to those you learn from

Freedom Giants, let us stand Tall and defend ourselves. Let us be proactive and stand tall. Even if we are alone, in the fight, we have to be Relentless. We are made for a Reason! Let us not give in to mediocrity!

Defending ourselves does not mean, we are trying to impress ourselves. Rather, it means, we are keeping up with our goals, priorities and visions. Let us be relentless and defend ourselves for the next journey ahead. Let us revolutionize the Global Anatomy. Let us transform the Global Anatomy. Let us change the Global Anatomy. Let us make it happen, Freedom Giants

As Freedom Giants, we must learn to defend ourselves at all times. We must never tolerate foolishness. We must never allow anyone to take a hold of us. We must never allow our kindness to be passed back as foolishness. We must respect ourselves. We must not allow the society to envisage our kindness as stupidity. We must never allow our uniqueness to be demoralized. We must make sure that we always refine ourselves from being toxically polluted. We must be Relentless!



Malcom X once said, we must be peaceful, courteous, obey the laws, respect everyone; but if someone puts his hand on you, you must send him to the cemetery. As Freedom Giants, we must set the standards in leading the people at all times. We must not allow anyone to forgo the principles upon which we set ourselves and function and/or thrive as an Organisation. We must not allow anyone to in anyway determine how we see ourselves. We must be conscious at all times in defending ourselves from toxic infiltrations. This can be done when we are Relentless, but not when we are hiding. We must stand Tall.

As Freedom Giants, we must stand tall in what we are made of. We are unique and we should not be subservient to people, to gain their acceptance. We must stand tall in what we are made of and Relentlessly defend ourselves. We must function effectively and not be politically overruled or bias in ruling. We must not shut ourselves to satisfy our Political ambience. We must never lay off our Relentlessness. We must never be "empathetic" towards mediocrity. Freedom Giants, we must let Justice prevail as Leaders. We must stand tall. We must believe in our rights. Let's revolutionize the Global Anatomy. Let's transform the Global Anatomy. Let's make it happen. We are made for more. Let's make it happen,



Freedom Giants!



As Freedom Giants, we must at all times, stay true to the course. We were born for that. We were born for The Revolutionisation of The Global Anatomy. We were born for a specific Agenda; Emancipating the Global Anatomy. Let us Stand Tall and defend ourselves. There are many things people will want to use to backbite us. There are many schemes people will want to use to trap us. We must not and never give them the chance, to overrule us.

We must defend your integrity. We must defend our stances. We must defend our Relentlessness. We are born for a solid purpose. Let us not let it go. Many will want to shame and ridicule us. Let us never succumb to them. Many will want to test our pulses. Let us never succumb to them. Let us Stand Tall. Let us Stand the test of time. Let us be



Relentless. We are geared towards the process. We are geared towards the Agenda. Let us believe in ourselves and fulfill the vision that lies ahead of us

We are made for more. Let us be on Guard. Let us solidify our cause every minute of our lives. Let us be Great for we were born for a reason! Let us not settle for Less! Let us value ourselves and Defend ourselves. Our ability to Stand Tall after we have gotten out of the PRISONS shows we truly stood tall. Our ability to stay true to our purpose after we got out of the Prisons shows we stood Tall. Let us Stand Tall. Let us Be Relentless.

Every day when we wake up, we should be either proud of ourselves or sad based on whether we defended ourselves or not. A lot of people have betrayed themselves, because they did not defend their causes, and cannot even appear anywhere. Defend yourself. If you have given up, Rise up again. You were born for a cause. Stand Tall. Make it happen. Revolutionize the Global Anatomy. Transform the Global Anatomy. Change the Global Anatomy. You are a Masterpiece. You are a Changemaker. You are a Pioneer. Make it happen, Freedom Giants.

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As Freedom Giants, we must at all times protect and safeguard our Dignity. We must never give anyone the chance to impede upon our progress. We must not allow anyone to trample on our rights. We have the right to distance and be subjective to those we open



ourselves to, and relate deeper with. We must be able to stand tall to bring the best for the Rejuvenation of the Global Anatomy.

We must be able to understand the Political Ambience we find ourselves in everytime and not in anyway, be suppressed by the heinous gimmicks of others. We must at all times know the actual form of relation people have with us, so we do not become trapped surprisingly at any point in time based on people's dispositions. Let us be unique in everything we do and never stop bringing something phenomenally new out of us, each day. We are phenomenal Freedom Giants made of unending Glory. We never wither if we remain Relentless. Let us defend ourselves and continue Rejuvenating the Global Anatomy.

Defend yourself. You need time to make yourself feel exhilarated all the time. Don't trade your self-elation for subservientness. You were born for a purpose. Stand Tall at all times as a Freedom Giant. Do not accommodate anything just to survive. Go the extra mile just to Stand Tall, each day. You were born for a reason.

Be conscious of yourself. Be conscious of who you are. Be conscious of your stand in the Freedom Journey. Walk Relentlessly. Walk intentionally as a Freedom Giant of change. We are changing the phase of the Global Anatomy. We are redefining the status quos as Freedom Giants in the African Anatomy. We are changing territories. We are marching in progress with that identity. Let us defend ourselves at all times. We are made for more. We are priceless. We must not accommodate anything. We are Masterpieces. We are Radicalists who do not subject ourselves to anything.

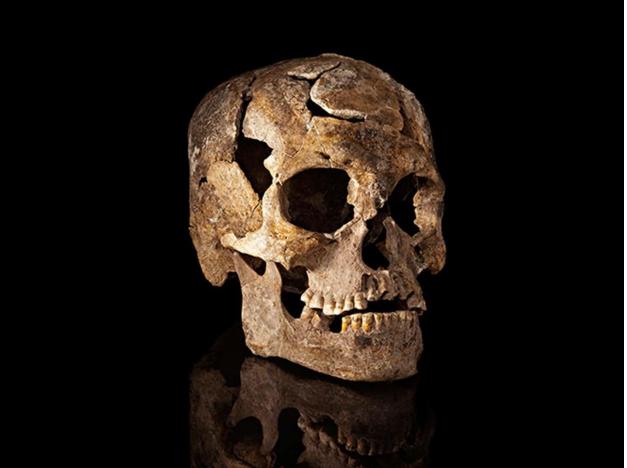
SOLIDIFYING YOURSELF

Solidifying yourself entails actualising the real self in you. It entails bringing out the Giant in you. A lot of Freedom Giants were born with phenomenal capabilities to solve delicate issues of the Global Anatomy. However, some of these Freedom Giants have become dormant. It is time for Freedom Giants to be reawakened. Time is not waiting for us. We have to stand tall and solve the issues. We all have a lifetime to Revolutionize the Global Anatomy. We cannot just be idle. We must stand Tall. Let us make it happen. Let us solidify ourselves.





You are a work in progress. Don't assassinate yourself. You assassinate yourself when you begin to trade your value by being subservient to other people's gimmicks. You are going somewhere. Do not ever settle for less, no matter how long it will



take you. Walk as a Disciplined Freedom Giant. You are moving forward. Be Relentless. Stand Tall.

Do not settle for less. Take the extra mile to achieve what you want and you shall see it happening, as long as you remain Relentless. Your dreams can only come true as long as we remain Relentless. Do not belittle yourself.

We must never give in, Freedom Giants. We are Masterpieces. We are made for more. Let us keep on going forward. We have no end. We must always do More. We have no barriers within ourselves.

There's no end with us. We must never create barriers for ourselves. Let us Solidify ourselves to be able to withstand any anomalies, that may want to come our way as an African Anatomy. The Battles will come but we have to Stand Tall as Freedom Giants. We can only stand Tall by solidifying ourselves as Freedom Giants. Let us resist oppositionary forces. Never must we succumb to them. We are made for more. Once we begin to feel weakened, it means we have loosened the legendary codes of the Analogy we carry as



Freedom Giants. Never must we be afraid. We must ignore the tactics of oppositionary forces, if we are solidified.

Freedom Giants, Stand Tall at all times. Never in any way sink. Be Relentless all the time. You are on a Freedom Journey and you must at all times work and walk relentlessly to ensure that mediocrity does not prevail. Do not give in. Do not accept the mediocrish ways of doing things.

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As Freedom Giants, we must be an Anatomy who are structured towards progressing in the right direction. We must work with The Analogies. We cannot just progress anyhow or move anyhow otherwise we will sink. We must progress based on a foundation. A Foundation refers to the underpinned set of mainstreaming ideologies or structural settings used by Freedom Giants to stand Tall and cause a Revolution in the Global Anatomy.

As Freedom Giants, we can be solidified on a path that will bring us back to the beginning or be solidified rightly that will secure our Renaissance. We must Stand Tall at all times and ensure that we reciprocate the Right Analogies from one Generation of Freedom Giants to



the other without any interference. When we are not solidified in the right direction, the systems will not corroborate with us and neither will we see any progressive output as Members of <u>AFRICAN VOICES INTERNATIONAL</u>. We must succumb with and to the Analogies as members of <u>AFRICAN VOICES INTERNATIONAL</u> and make sure we progress in the right direction, for our Freedom is our Security.

As Freedom Giants, we must stand Tall at all times to ensure we do not sink. If we want to see that indeed the National Anatomy is spearheaded in the right direction, then we all have a part to play to ensure that this Revolutionisation is implemented. As Freedom Giants, we must make sure that we work from a foundation. If we do not have any well built systems, our National Anatomy will begin to increase, but very soon increase at a decreasing rate till it begins to diminish. As Freedom Giants, we must have well built systems individually and most importantly as an Organisation, so that in the thick and the thin, we will not be found wavering. We need to ensure that we have right structures that ensure the success of our vision in the right path. The right structures are the Analogies. What codes do we practice to ensure that we are progressing in the right direction? As Freedom Giants, we must make sure that we correlate with The Analogies. Correlating with The Analogies must guide us in the right direction for effective change as Masterpieces, for the Development of the Global Anatomy.

As Freedom Giants, we must know that Democratically Pluralistic Development is quintessential for the Rejuvenation of every National Anatomy. There is no way we can lay idle and expect change to find its way around. No! As Freedom Giants, we must be the Pacesetters of change in facilitating that, this needed reflection is observed in the right direction.

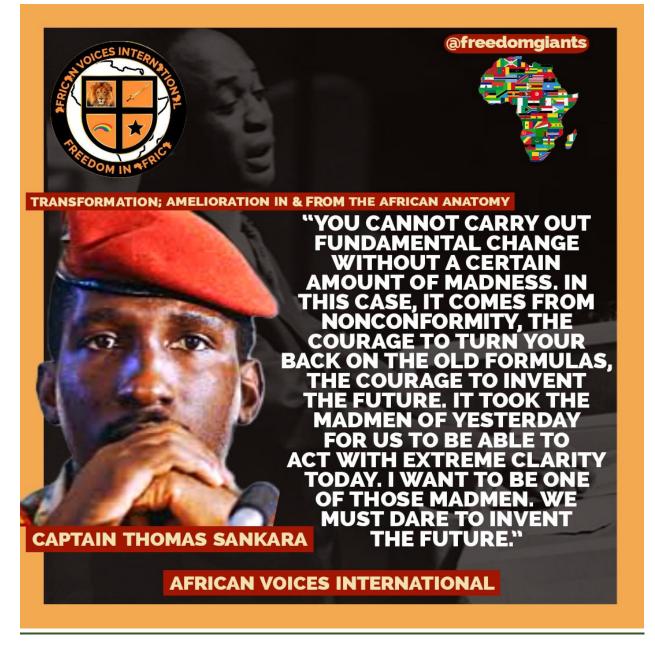
Let us work on ourselves and nothing will be able to break us. Let us challenge the undemocratic regimes. We are made for more. Let us transform the Global Anatomy. Let us Revolutionize the Global Anatomy. Let us make it happen, Freedom Giants.

We are unique. We are different. We must never give up on ourselves. We contain what it takes to change the Global Anatomy. We contain the Analogies to cause the evolution of Democratic Emancipation. We must stand Tall at all times and be Relentless. We cannot allow the world to go haywire. We must continue ensuring the evolution of an African Anatomy who are willing to see Democratic and Political Freedom, everywhere. Let us not take sides. Let us be neutral in every matter and judge with no partiality. Let us Stand Tall as Freedom Giants at all times. That is what we are made of; Excellence.

Let us keep on shinning, Freedom Giants. We can never limit our functions. We can never look down on ourselves. We can never accept subservientness. We can never settle for less. We are made to Stand Tall. We are made for More. We are People of Freedom. We shine. We are Pearls of Freedom. Let us keep on changing the phases for the Rejuvenation, The African Anatomy, needs. Let us keep on revolutionizing the Global Anatomy. Let us keep on making it happen, Freedom Giants.



THE ANATOMICAL STRUCTURE



We are born as an Anatomy who are supposed to interrelate together. We cannot in any way function without gross interrelation. We must be able to function as an Anatomy to be able to fight the debilitating threats that comes against us and that awaits us. We must not in any way allow ourselves to be segmentated. We are One Anatomy. As Freedom Giants, we must understand that we are The Anatomy that reflects the Freedom, the world needs. As an African Anatomy, we steer the world towards the Global Anatomy, we must see. We



are not just any kind of people. We are Pacesetters. And we only fight the Battle through The Analogies. We are Proactive People.

We must believe in ourselves. We must believe in ourselves always and champion the course for the **Anatomisation** of the African Continent. We cannot continue to walk segmentated. We cannot be moving just anyhow. No, we must walk with a focus; an understanding of who we are, and why we are on earth, In Africa alone, we can never be the same. Our traits and characters can never be the same in relation to the ethnic groups amongst us. But, in all, we are Blacks and we must all corroborate with The Analogies in understanding who we are, as an Anatomy. We all have different strengths, which, if we can all identify, respect and correlate with, we can interrelate and interdepend with each other for the common growth, we seek to fin in Africa. We are not just fighting for Unity, but fighting for the Gross Freedom of all Humanity.

BORN IN & FROM AFRICA

We are born in Africa and that's why we must make sure that we defend our Continent. We must defend our people and defend our land. We must make sure that we don't sell our people. We must make sure that we do not betray our people to become captives in a foreign land. We must fight for what belongs to us. No matter what, we must keep on standing Tall. We must believe in ourselves. Yes, we deserve the mantle. We must work continuously as an Anatomy and that is how all the 54 states in Africa can travail.

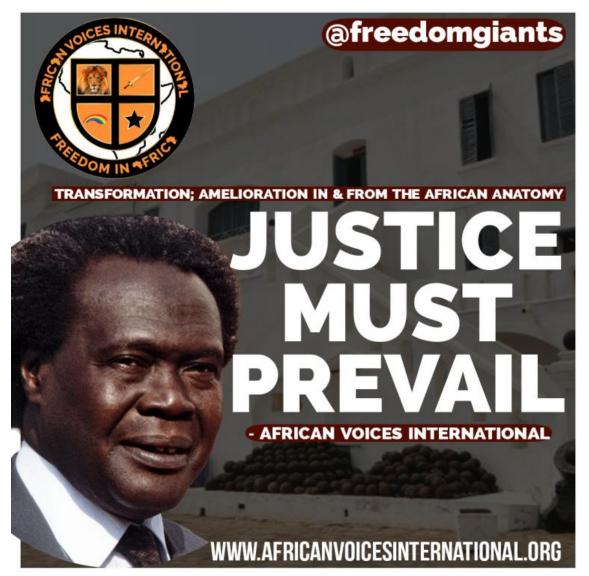
They took us as slaves but here we are; people of Renaissance. We have taken back our destinies again and we are Transforming the world into a Global Anatomy of people with renewed minds. Let us be Proactive. Let us not forget our history. Let us be Proactive, know our roots and make Africa, a great one again.

Some of us may choose to go to other ends of the world to make ends meet. Some of us may choose to go make families in other continents. As we go, we must know our culture. We must know where we were raised from. We must know where our ancient ancestors came from and make the needed changes. We must not settle for less. We must Stand out and show to the whole world, what we are made of. We must be Relentless. We must not hide somewhere. We must be involved in the liberation agenda. We must not settle for mediocrity, No! We must be Proactive and fight for the Global Anatomy, we want. The world is filled with so much racial and ethnic disharmonies. We must fight for multiracial environments filled with Love and respect for each other. Let us make this happen. Let us fight for our Amelioration. Let us ensure this amelioration in and from Africa. Let us Transform the Global Anatomy Proactively!!!

JUSTICE MUST PREVAIL



RACIAL DISCRIMINATION MUST END!!!



The state of humiliation in Africa is massive. We are the ones deceiving ourselves. We look like as angels but work tirelessly to try and bring our fellow Brothers and Sisters down. Why do we this? We are the ones betraying ourselves. We allow others from Foreign Anatomies to disrespect Blacks, because we don't live as a single conscious Anatomy.

Civilisation started from Africa and from nowhere else. Life begun from Africa and we must remind everyone in the diaspora of their roots. All Humans have their source from Africa. Let's Stand as One Anatomy and not on tribal segmentations.

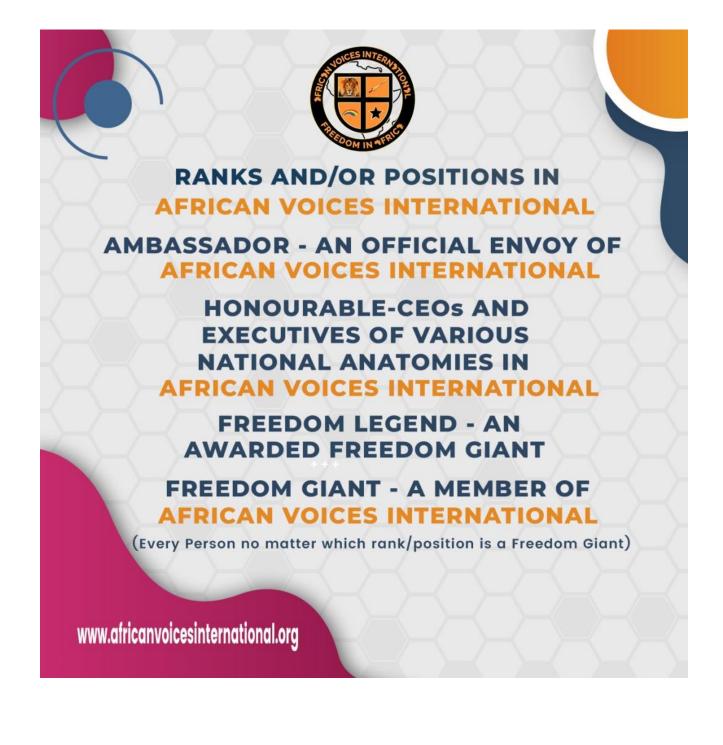


Let us fight for our Freedom. Let us be Proactive and fight for our Motherland. Let us not override our Analogies as Freedom Giants.

Africa is the motherland of Global Transformation. Let us reawaken our destinies. We are One and are made of more. Let us Stand Tall and fight for The African Anatomy. Justice must prevail. Let us Transform the Global Anatomy. Let us make it happen.









MESSAGE FROM OUR PRESIDENT; HIS EXCELLENCY PRESIDENT ISAAC KWABENA BOADU



Never ever give in. You are on your way to Success. You are a Freedom Giant. You are phenomenal. Never allow yourself to be loosened. Face reality. You are unstoppable. You cannot be messed up with. You are a Freedom Giant and that's the reality of Freedom Giants. We do not walk in subservientness. We do not succumb to mediocrity. We are Pacesetters. We rise above the inordinate dictates of this world. We walk as Masterpieces in the Global Anatomy. That is who we are.

We are priceless. We are amazing. Let us treat ourselves specially. Let us Value ourselves. Let us Respect ourselves at all times. We must not in any way be dismayed for being



excellent and not being celebrated. We must keep on being Relentless. We must keep on Standing Tall. We must be Relentless in keeping our heads up. We must never settle for less. We must ways pay the price for excellent outputs and we can never be brainwashed. It pays. Let us never be dumbfounded when we see various leaders misbehaving. Let us stand right by showing the right direction. Let us always be ourselves. Let us always Stand Tall. We are phenomenal. We are Masterpieces. Let us keep on making it happen.

> Freedom! Uhuru!



ABOUT AFRICAN VOICES INTERNATIONAL



AFRICAN VOICES INTERNATIONAL is a Registered Socio-Political Non-Governmental Organisation that works for the Promotion of Democratic and Political Freedom, in Africa and the Global Anatomy. **AFRICAN VOICES INTERNATIONAL (AVI)** believes strongly that Africa is the Center of Freedom in the Global Anatomy, and Africans are to be treated with great dignity. We are Free people and have always been people of Freedom Pre and Post



the Colonisation Period. This is the time for us to live the Freedom, we

claim and profess. Every Member of AFRICAN VOICES INTERNATIONAL (AVI) is called a Freedom Giant.

OBJECTIVES

•To serve as an anchor for Good Governance in Africa, and promote adherence to the constitutional laws in the various countries of Africa, respectively.

• To promote Nationalism and promote the heart, for Nation building amongst Youth in Africa.

• To raise awareness concerning the rights of individuals as citizens of their various countries in Africa, and their necessity to live in Freedom and in Peace in the African Anatomy.

• To promote National Conscientisation amongst people towards engaging in National Projects for the Socio-economic Development of their countries.

• To promote Self Confidence amongst the People of Africa and the Global Anatomy, to take up initiatives to promote the development of Africa and the Global Anatomy.

- To promote Pan- Africanism and secure the dignity of the African Continent.
- To Promote Pan Africanism amongst the African Race, in and outside of Africa.

• To Promote Nationalism and Patriotism of all African Citizens in their respective countries, in Africa.

• To promote the Youth as Active Stakeholders in National Development and Decision Making, in Africa and the world.

• To Promote Peace, Unity and Solidarity amongst African Countries.

•To encourage the youth of Africa to engage in Decent Politics, to segmentate the corrupt ones from the true Nation Builders, for the Development of Africa

• To promote liberation of the African Populace, whose hearts have been troubled by the

various forces of oppression, pre and post-independence of African Countries

• To promote Democracy for the freedom of humanity in Africa

OUR LOGO'S SYMBOLIC REPRESENTATION

LION - We believe everyone must not settle for less, but Roar as a lion, stand out, and evoke every enslavement in the African Continent.

SWORD - We believe everyone must wake up to the call and Fight every battle confronting the African Continent, to sustain her Freedom.

RAINBOW - We believe in Gods promises to protect and safeguard the continent. The Rainbow is a symbolic sign to remind every member of **AFRICAN VOICES INTERNATIONAL** to know that God will keep The **AFRICAN MAN** and The **AFRICAN WOMAN** through to the end to Victorious Freedom Parade, as they fight for the continent. The Rainbow is a sign to remind **AFRICAN VOICES INTERNATIONAL**'s members of God's promise to protect the African Continent from Enslavement, just as he promised Noah.



STAR - The star represents the Victorious Victory Parade for every Freedom Giant. The Star is a reminder that everyone who Roars like a Lion and fights his or her battle in life, will eventually receive God's promise and also be a Star in the Continent, of Africa.

AFRICAN VOICES INTERNATIONAL (AVI) formerly known as YOUTH IN ACTION, which begun in 2013, deals with the promotion of Democracy for the purpose of sustaining Freedom and Justice, in Africa.

We believe every African is significant, and must have a Voice in the affairs of African Issues.

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Facebook Page - AFRICAN VOICES INTERNATIONAL <u>https://www.facebook.com/freedomgiants</u>

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AFRICAN VOICES INTERNATIONAL MOTTO; FREEDOM IN AFRICA